

# KIDS AMERICA BASKETBALL PROGRAMS

*COSHOCTON REDSKINS BASKETBALL AND KA ARE JOINING FORCES TO PROVIDE THE BEST POSSIBLE BASKETBALL DEVELOPMENT OPPORTUNITIES FOR COSHOCTON COUNTY AND THE SURROUNDING AREA.*

## **Basketeers**

**3-5yr olds Fee = \$20 (4 Weeks)**

Basketeers is a parent participation family-friendly basketball program designed for children ages 3 - 5 years old. We use a variety of fun games to develop balance, movement, and basketball skills. Students will be introduced to beginner basketball fundamentals such as dribbling, passing and shooting. We focus on confidence building, skill development, participation, teamwork, hand/eye coordination and most importantly FUN!

Class will be conducted on **Mondays 4-5pm Sept 26, (Off Oct 3 FAIR WK), Oct 10,17,24**

## **Kid Cagers**

**K - 2<sup>nd</sup> Grades – Fee = \$40 (7 Weeks)**

For our youngest players, boys and girls, we focus on introducing the game of basketball and basic ball-handling skills like passing, dribbling, and shooting. This instructional beginner league will teach your child the fundamentals of basketball and basic concepts. Coaches and players take an active role in teaching at this level and 6-foot goals and smaller balls are used. Children at this level will begin to learn the rules of the game through 1v1, 2v2, and other competitions. Players will have one 60 min weeknight workout for 4 weeks

**Mondays 5-6pm Sept 26, (Off Oct 3 FAIR WK), Oct 10,17,24 Dec 5,12,19**

# KIDS AMERICA BASKETBALL PROGRAMS

*COSHOCTON REDSKINS BASKETBALL AND KA ARE JOINING FORCES TO PROVIDE THE BEST POSSIBLE BASKETBALL DEVELOPMENT OPPORTUNITIES FOR COSHOCTON COUNTY AND THE SURROUNDING AREA.*

## **Lil-Dribblers**

**K-4<sup>th</sup> Grade - Fee = \$50**

Lil-Dribblers is our introductory program that introduces youngsters to basketball by developing their ballhandling skills. Ball Handling is one of the most vital skills to our overall Basketball program and it can be developed at an early age.

Our Lil-Dribbler program is open to both boys and girls in grades K-4<sup>th</sup> grade. We also tier this program by grades where our K & 1<sup>st</sup> graders do a ball handling routine using a smaller ball. The routine focuses on moving the ball, dribbling, throwing, and catching. Our 2<sup>nd</sup> and 3<sup>rd</sup> graders use a regulation size ball and do more complex dribble moves such as between the legs and around the back, advancing their skill set. Our final group is our 4<sup>th</sup> graders who handle two regulation basketballs at one time. This use of the overload principle greatly enhances these players' ball handling abilities. The time spent mastering these drills really prepares our players to begin handling the basketball against a defender!

Our Lil-Dribblers have 4 practices and are given a Video with the routine so that they can practice at home. We then perform our routine at halftime of several JV and Varsity home games. Each Lil-Dribbler receives:

- Shirt
- Video
- Basketball(s)
- free admission for Lil-Dribbler to the games where they perform.
- We need 5 Parent Helpers

**THIS IS AN EXAMPLE OF SCHEDULE - NOT ACTUAL SCHEDULE**

**Practices Nov 7, 14, 21, 28 (Mondays)**

**Performances Dec 6, 13, 27, 28**

# KIDS AMERICA BASKETBALL PROGRAMS

COSHOCTON REDSKINS BASKETBALL AND KA ARE JOINING FORCES TO PROVIDE THE BEST POSSIBLE BASKETBALL DEVELOPMENT OPPORTUNITIES FOR COSHOCTON COUNTY AND THE SURROUNDING AREA.

## Foundation League

**3<sup>rd</sup> - 4<sup>th</sup> Grades – Fee = \$40**

Our Foundation League is essential to our Youth Development Program. It is essential that these kids participate in Lil-Dribblers as it seriously advances their ball handling. However sometimes our 3<sup>rd</sup> and 4<sup>th</sup> graders are ready to handle more skills and a limited amount of competition. Therefore we have developed this Foundation League to fill this void. The Foundation League is designed for 3<sup>rd</sup> and 4<sup>th</sup> grade boys and girls to begin building more skills such as:

Footwork, layups, passing, cutting, shooting, defensive stance, slides, ball pressure, etc. These teams will practice one night a week for approximately 90 minutes. The majority of practice will focus on laying a foundation of skills while having FUN. This league will also have 4 Saturdays (2 in Dec and 2 in Jan) where they play games within the league.

**Practices: Nov 30, Dec 7, 14, 21, Jan 4, 11, 18 (Wednesdays)**

**Sat Game Days: Dec 3, Dec 17, Jan 7 (AT HS), Jan 21**

*If your son is really enjoying basketball and wants to continue playing a little longer, he can. Once this league is over we will assemble a 3<sup>rd</sup> grade team by school and a 4<sup>th</sup> grade team by school that will play in approximately 3 area tournaments in Feb-March. These teams will practice 2-3 times per week leading up to the tournaments. There are **additional fees** for these tournament teams. Parents will be asked to pay these fees (total fees calculated and divided evenly by # of players). We will also be looking for Parent Coaches for these teams!*

# KIDS AMERICA BASKETBALL PROGRAMS

*COSHOCTON REDSKINS BASKETBALL AND KA ARE JOINING FORCES TO PROVIDE THE BEST POSSIBLE BASKETBALL DEVELOPMENT OPPORTUNITIES FOR COSHOCTON COUNTY AND THE SURROUNDING AREA.*

## **Valley Bidy League**

**5<sup>rd</sup> & 6<sup>th</sup> Grades – Fee = Determined by School**

**YOU WILL REGISTER FOR THESE TEAMS WITH YOUR SCHOOL!!!**

The Valley Bidy League is made up of teams formed by our local schools. In the past the league has included schools such as:

IV, Claymont, Garaway, Hiland, Ridgewood, Newcomerstown, TCC, New Philadelphia, Strasburg, Harrison Central, and Dover.

This league plays on Saturdays throughout December and January. Each school hosts one Saturday where 5<sup>th</sup> grade teams play against each other as do 6<sup>th</sup> grade teams. All the schools have agreed to consider this a developmental league! Which means we do not keep records, nor do we have a tournament. This league is an opportunity for our players to continue to develop their game as they focus on fundamentals and begin to learn strategies and team concepts.

Coshocton's 5<sup>th</sup> and 6<sup>th</sup> grade teams will practice 1-2 times per week for 90mins each. Our teams will practice together as often as possible as we want all of our athletes learning the same system of Coshocton Basketball. Again this league is a developmental league that is all about teaching and the players learning how to use the fundamentals they have learned in game situations. Please do not put an emphasis on winning, but rather on developing and learning!

**THIS IS AN EXAMPLE OF SCHEDULE - NOT ACTUAL SCHEDULE**

Evaluation/ Draft Day: Sat Oct 22 or 29

Practices: Nov 1,3, 8,10,15,17, 22, 29, Dec 6, 13, 20, Jan 3, 10, 17, 24 530-7pm

Gamedays: Dec 3,10,17, Jan 7,14,21,28

*Again, if your son is really enjoying basketball and wants to continue playing a little longer, he can. Once this league is over we will assemble a 5<sup>th</sup> grade team and a 6<sup>th</sup> grade team that will play in 4-6 area tournaments in Feb-March. These teams will practice 2-3 times per week leading up to the tournaments. There are additional fees for these tournament teams. Parents will be asked to pay these fees (total fees calculated and divided evenly by # of players).*

## **School Travel Tournament - Feb 13-18**

**3<sup>rd</sup> - 4<sup>th</sup> - 5<sup>rd</sup> - 6<sup>th</sup> Grades – Fee = \$150per Team**

Registration for This Tournament will be done with Coach Herman and the Coshocton Basketball Program

# KIDS AMERICA BASKETBALL PROGRAMS

*COSHOCTON REDSKINS BASKETBALL AND KA ARE JOINING FORCES TO PROVIDE THE  
BEST POSSIBLE BASKETBALL DEVELOPMENT OPPORTUNITIES FOR COSHOCTON  
COUNTY AND THE SURROUNDING AREA.*

## **Kids America will have AAU Basketball Teams this Spring: The Coshocton Cagers**

**5<sup>rd</sup> - 6<sup>th</sup> - 7<sup>th</sup> - 8<sup>th</sup> - 9<sup>th</sup> - 10<sup>th</sup>/11<sup>th</sup> – Fee = \$650**

**More information to will be posted as it becomes Available**

**Tryouts will be in Late Feb-Early March**

These Teams will play in approx 6 Regional Tournaments.